

## Grænseløbet

## Resultatliste MK 11,4 KM

Placering M/K	Startnr	Navn	Klub	Brutto	Netto	MIN/KM
<b>11,4 KM</b>						
<b>Kvinder</b>						
1	2151	Natalie	LG Flensburg	0:44:21,9	<b>0:44:21,9</b>	03:53 min/km
2	2207	Ute Fanslau	SV Enge Sande	0:47:44,0	<b>0:47:41,7</b>	04:11 min/km
3	2288	Kirsten	LG Flensburg	0:51:13,6	<b>0:51:11,2</b>	04:29 min/km
4	2152	Nathalie	LG Flensburg	0:51:59,2	<b>0:51:56,8</b>	04:33 min/km
5	2028	Monika Bellas	(Flensburg)	0:53:55,0	<b>0:53:47,8</b>	04:43 min/km
6	2092	Helle Højland	BOV IF Løb & Motion	0:53:57,1	<b>0:53:36,5</b>	04:42 min/km
7	2029	Monika Job	(Gråsten)	0:54:04,8	<b>0:54:01,3</b>	04:44 min/km
8	2173	Franziska	STV Sörup	0:54:18,9	<b>0:54:12,6</b>	04:45 min/km
9	2055	Louise Kock	AAIG	0:54:48,9	<b>0:54:42,0</b>	04:47 min/km
10	2237	Heike Schäfer	(Aabenraa)	0:56:14,6	<b>0:56:09,2</b>	04:55 min/km
11	2043	Bodil Nielsen	AAIG	0:56:54,9	<b>0:56:49,6</b>	04:59 min/km
12	2244	Helle Sagen	Team Kramer 2017	0:58:11,1	<b>0:57:55,8</b>	05:04 min/km
13	2272	Tina Petersen	Lyreskovskolen	0:58:36,9	<b>0:57:57,5</b>	05:05 min/km
14	2080	Jytte Jacobsen	Bolderslev Løb &	0:58:53,6	<b>0:58:49,9</b>	05:09 min/km
15	2178	Doris	Team Erdinger	0:59:36,1	<b>0:59:31,2</b>	05:13 min/km
16	2086	Inga Becke	BOV IF Løb & Motion	0:59:40,2	<b>0:59:19,0</b>	05:12 min/km
17	2195	Rikke Møller	Vidar Sønderborg	1:00:03,4	<b>0:59:44,3</b>	05:14 min/km
18	2032	Tina Albert	(Jelling)	1:00:43,4	<b>0:59:27,2</b>	05:12 min/km
19	2147	Lena Dr.	La Sportiva feat. Læge	1:01:03,5	<b>1:00:50,2</b>	05:20 min/km
20	2211	Tina Larsen	(Padborg)	1:01:17,5	<b>1:00:51,4</b>	05:20 min/km
21	2219	Jytte Arildsen	Vidar motion	1:02:06,3	<b>1:01:54,2</b>	05:25 min/km
22	2129	Heidi	JFS løb	1:02:09,3	<b>1:02:01,0</b>	05:26 min/km
23	2115	Anne Boutrup	Hejnsvig Runners	1:02:11,4	<b>1:01:04,9</b>	05:21 min/km
24	2010	Delia	(Gråsten)	1:02:20,5	<b>1:02:14,6</b>	05:27 min/km
25	2165	Charlotte	Recordbeater	1:02:41,2	<b>1:01:57,0</b>	05:26 min/km
26	2148	Metje	La Sportiva feat. Læge	1:02:44,8	<b>1:02:31,7</b>	05:29 min/km
27	2194	Juliane	Vidar Motion	1:02:49,5	<b>1:02:42,8</b>	05:30 min/km
28	2188	Cathrine	Vidar motion	1:02:57,1	<b>1:02:49,6</b>	05:30 min/km
29	2048	Helle Jensen	AAIG	1:03:21,8	<b>1:02:29,7</b>	05:28 min/km
30	2255	Lea Frilund	(Sønderborg)	1:03:34,7	<b>1:02:50,9</b>	05:30 min/km
31	2254	Sabrina Lock	(Sønderborg)	1:03:36,6	<b>1:03:19,0</b>	05:33 min/km
32	2232	Ditte Bonde	AAIG	1:03:43,2	<b>1:02:59,1</b>	05:31 min/km
33	2051	Inge Lise Juhl	AAIG	1:04:14,8	<b>1:04:05,3</b>	05:37 min/km
34	2035	Yvonne	(Hadsten)	1:04:27,7	<b>1:04:12,5</b>	05:37 min/km
35	2041	Birgitte	AAIG	1:05:03,2	<b>1:03:56,1</b>	05:36 min/km
36	2183	Bianca	TSV Lindewitt	1:05:12,8	<b>1:04:45,5</b>	05:40 min/km
37	2225	Annelise	Bolderslev Løb &	1:05:30,9	<b>1:04:52,0</b>	05:41 min/km
38	2166	Iben Kyndal	Røde kro Tri & Motion	1:05:31,0	<b>1:04:52,4</b>	05:41 min/km
39	2083	Andrea Bethge	Bov if Løb & Motion	1:05:35,4	<b>1:05:14,1</b>	05:43 min/km
40	2116	Helle Laursen	HLLH	1:05:42,0	<b>1:05:13,2</b>	05:43 min/km

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41	2045	Gitte Petersen	AAIG	1:05:56,0	<b>1:04:48,4</b>	05:41 min/km
42	2005	Betina Jensen	(Aabenraa)	1:05:57,9	<b>1:04:49,9</b>	05:41 min/km
43	2235	Dorrit	AAIG	1:06:00,1	<b>1:05:08,0</b>	05:42 min/km
44	2015	Iben Nielsen	(Sønderborg)	1:06:08,6	<b>1:05:15,8</b>	05:43 min/km
45	2184	Brigitte Stelzer	TSV Lindewitt	1:06:14,5	<b>1:05:36,1</b>	05:45 min/km
46	2040	Birgitte	AAIG	1:06:35,4	<b>1:06:28,7</b>	05:49 min/km
47	2287	Simone Ripke	AAIG	1:06:54,3	<b>1:06:18,2</b>	05:48 min/km
48	2056	Marianne	AAIG	1:07:07,9	<b>1:06:04,0</b>	05:47 min/km
49	2039	Bethina Nissen	AAIG	1:07:44,3	<b>1:06:55,4</b>	05:52 min/km
50	2044	Conny	AAIG	1:07:50,9	<b>1:06:48,2</b>	05:51 min/km
51	2264	Lis Bøgebjerg	Løjt Lands Løbeklub	1:08:08,7	<b>1:07:41,5</b>	05:56 min/km
52	2003	Anni	(Kirke Hyllinge)	1:08:30,7	<b>1:07:48,6</b>	05:56 min/km
53	2239	Anja Mie	ECCO Running	1:08:32,6	<b>1:07:31,9</b>	05:55 min/km
54	2240	Gitte Hamann	Vidar motion	1:08:45,4	<b>1:07:57,8</b>	05:57 min/km
55	2208	Mimmi	Bov if Løb & Motion	1:08:53,1	<b>1:08:25,3</b>	06:00 min/km
56	2281	Malene	AAIG	1:08:57,2	<b>1:07:50,2</b>	05:57 min/km
57	2157	Anja Thiesen	LTV Kiel-Ost	1:09:21,5	<b>1:09:14,3</b>	06:04 min/km
58	2047	Hanne Pia	AAIG	1:10:09,3	<b>1:09:02,7</b>	06:03 min/km
59	2169	Cecilie	Søgård Friskole	1:10:21,8	<b>1:09:40,5</b>	06:06 min/km
60	2214	Henriette	(Haderslev)	1:10:50,7	<b>1:10:40,2</b>	06:11 min/km
61	2061	Solveig	AAIG	1:10:53,2	<b>1:09:52,1</b>	06:07 min/km
62	2187	Marion Kern	TSV St. Peter-Ording	1:10:54,1	<b>1:09:54,9</b>	06:07 min/km
63	2221	Tina Alstrup	Klomk	1:11:00,8	<b>1:10:40,2</b>	06:11 min/km
64	2197	Mona Hansen	Lyreskovskolen	1:11:25,1	<b>1:10:31,0</b>	06:11 min/km
65	2016	Ida Sandholdt	(Padborg)	1:11:27,6	<b>1:10:34,1</b>	06:11 min/km
66	2242	Inger	BOG	1:11:45,7	<b>1:10:34,7</b>	06:11 min/km
67	2290	Margit Lund	Chr. Lund Transport	1:12:01,2	<b>1:11:21,4</b>	06:15 min/km
68	2114	Merethe	Haderslev IF	1:12:28,4	<b>1:12:02,8</b>	06:19 min/km
69	2090	Stine Møller	BOV IF Løb & Motion	1:12:41,5	<b>1:12:05,7</b>	06:19 min/km
70	2150	Manuela	Laufen gegen Leiden	1:12:57,5	<b>1:12:08,5</b>	06:19 min/km
71	2038	Anne Grete	AAIG	1:13:01,6	<b>1:12:11,9</b>	06:19 min/km
72	2060	Ritha Jessen	AAIG	1:13:25,9	<b>1:12:17,0</b>	06:20 min/km
73	2277	Ulla Davidsen	(Nordborg)	1:13:44,7	<b>1:12:51,9</b>	06:23 min/km
74	2046	Hanne	AAIG	1:13:48,2	<b>1:12:46,5</b>	06:23 min/km
75	2034	Yvonne	(Tinglev)	1:14:08,2	<b>1:13:52,2</b>	06:28 min/km
76	2091	Yvonne	BOV IF Løb & Motion	1:14:50,5	<b>1:14:14,9</b>	06:30 min/km
77	2135	Dorthe	Kerteminde motions	1:15:15,3	<b>1:14:22,5</b>	06:31 min/km
78	2063	Tina Zornow	AAIG	1:15:20,9	<b>1:14:16,3</b>	06:30 min/km
79	2170	Karina	Søgård Friskole	1:15:29,0	<b>1:14:48,8</b>	06:33 min/km
80	2222	Lisbet Jensen	(Gråsten)	1:15:38,2	<b>1:14:58,7</b>	06:34 min/km
81	2223	Jette Andersen	Vidar Motion	1:15:54,1	<b>1:15:04,9</b>	06:35 min/km
82	2259	Pia Festersen	AAIG	1:15:57,3	<b>1:15:08,9</b>	06:35 min/km
83	2249	Susanne	Vidar Motion	1:16:08,4	<b>1:14:57,9</b>	06:34 min/km

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84	2069	Ida Møller	Anna! Du løber også!	1:16:13,4	<b>1:14:57,9</b>	06:34 min/km
85	2065	Ulla Asmussen	AAIG	1:16:48,7	<b>1:15:45,3</b>	06:38 min/km
86	2054	Karen Jessen	AAIG	1:16:57,5	<b>1:15:53,1</b>	06:39 min/km
87	2037	Anita Petersen	AAIG	1:16:57,6	<b>1:15:54,4</b>	06:39 min/km
88	2125	Pia Pedersen	ITD	1:17:53,3	<b>1:16:55,8</b>	06:44 min/km
89	2161	Jeanette	Lyreskovskolen	1:18:06,7	<b>1:16:47,5</b>	06:44 min/km
90	2023	Karina Bech	(Gråsten)	1:18:43,2	<b>1:18:25,0</b>	06:52 min/km
91	2018	Jeanett	(Aabenraa)	1:19:08,3	<b>1:18:49,5</b>	06:54 min/km
92	2198	Dorte Petersen	(Tinglev)	1:19:16,8	<b>1:18:06,2</b>	06:51 min/km
93	2284	Sara Bruun	TSV Lindewitt	1:21:01,1	<b>1:19:51,5</b>	07:00 min/km
94	2021	Jonna Thun	(Sønderborg)	1:21:43,7	<b>1:20:43,4</b>	07:04 min/km
95	2139	Lone	Kerteminde	1:25:07,0	<b>1:24:14,7</b>	07:23 min/km
96	2136	Helle Mark	Kerteminde	1:25:07,1	<b>1:24:14,3</b>	07:23 min/km
97	2140	Pia Kruse	Kerteminde	1:25:07,1	<b>1:24:14,8</b>	07:23 min/km
98	2286	Swetlana	Dannemann	1:30:40,7	<b>1:30:22,2</b>	07:55 min/km
99	2196	Pia	Team Run2u.dk	DNS	<b>DNS</b>	06:49 min/km

### Mænd

1	2153	Pascal	LG Flensburg	0:38:03,8	<b>0:38:02,4</b>	03:20 min/km
2	2120	Henrik Aalling	Honda Glejbjerg	0:40:27,1	<b>0:40:25,5</b>	03:32 min/km
3	2256	Thorge	SV Enge-Sande	0:43:24,6	<b>0:43:21,8</b>	03:48 min/km
4	2231	Volker	SV Enge-Sande	0:46:06,5	<b>0:46:03,8</b>	04:02 min/km
5	2297	Torben	(Kruså)	0:46:26,1	<b>0:46:15,7</b>	04:03 min/km
6	2251	Claus Beck	Kærbølling	0:47:30,2	<b>0:47:25,0</b>	04:09 min/km
7	2134	Søren	Kerteminde Motions	0:47:34,5	<b>0:47:28,3</b>	04:09 min/km
8	2204	Ejner	Røde kro Tri & Motion	0:47:49,2	<b>0:47:45,2</b>	04:11 min/km
9	2156	Björn Dau	LG Kfz-Service Dau /	0:48:18,2	<b>0:48:15,0</b>	04:13 min/km
10	2070	Jonas Iversen	Arla Foods Kruså	0:48:42,6	<b>0:48:37,2</b>	04:15 min/km
11	2058	Palle Rosen	AAIG	0:49:03,4	<b>0:49:02,0</b>	04:18 min/km
12	2093	Steffen	BOV IF Løb & Motion	0:49:27,0	<b>0:49:22,2</b>	04:19 min/km
13	2160	Dennis L. R.	Lyreskovskolen	0:49:28,6	<b>0:49:20,5</b>	04:19 min/km
14	2071	Nicolai	Arla Foods Kruså	0:49:35,4	<b>0:49:31,0</b>	04:20 min/km
15	2257	Godtfred Degn	skærbæk	0:49:55,8	<b>0:49:33,4</b>	04:20 min/km
16	2294	Kresten Duus		0:50:49,4	<b>0:50:35,2</b>	04:26 min/km
17	2266	Romeo Portillo	1. Flensburger LT	0:50:53,4	<b>0:50:49,0</b>	04:27 min/km
18	2267	Daniel Mowa	Kildevæld	0:50:56,4	<b>0:50:36,6</b>	04:26 min/km
19	2137	Jørn Nielsen	Kerteminde	0:51:10,3	<b>0:50:51,3</b>	04:27 min/km
20	2236	Mads Timm	HAGI	0:51:39,6	<b>0:51:34,4</b>	04:31 min/km
21	2162	Philip Bergholt	Lyreskovskolen	0:51:40,6	<b>0:51:32,3</b>	04:31 min/km
22	2122	Rasmus Mark	HPT	0:51:43,1	<b>0:51:37,3</b>	04:31 min/km
23	2074	Hans Chr	Augustenborg	0:51:46,7	<b>0:51:42,1</b>	04:32 min/km
24	2031	Thomas	(Røde kro)	0:51:54,9	<b>0:51:45,9</b>	04:32 min/km
25	2113	Flo Bleifuss	SV Enge-Sande	0:52:02,8	<b>0:51:54,4</b>	04:33 min/km
26	2084	Bo Thomsen	BOV IF Løb & Motion	0:52:06,5	<b>0:52:02,0</b>	04:33 min/km

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27	2289	Thorsten Peter	SV Enge Sande	0:52:26,2	<b>0:52:17,7</b>	04:35 min/km
28	2274	Arne Jepsen	(Gram)	0:52:37,0	<b>0:52:13,6</b>	04:34 min/km
29	2097	Henry Møller	Danfoss Marathon	0:52:41,9	<b>0:52:36,2</b>	04:36 min/km
30	2252	Guillaume	ITD	0:52:58,9	<b>0:52:09,7</b>	04:34 min/km
31	2141	Preben	Kerteminde	0:53:02,5	<b>0:52:56,6</b>	04:38 min/km
32	2238	Lars	Aaig	0:53:08,7	<b>0:52:49,7</b>	04:38 min/km
33	2218	Andreas	SV Enge-Sande	0:53:24,5	<b>0:53:20,6</b>	04:40 min/km
34	2260	Hans Rønn	Augustenborg løbeklub	0:53:43,5	<b>0:53:39,1</b>	04:42 min/km
35	2234	Mike Siedler	1. Flensburger LT	0:53:49,8	<b>0:53:43,7</b>	04:42 min/km
36	2245	Jens Jørgen	Haderslev Garnisons	0:54:19,7	<b>0:54:12,2</b>	04:45 min/km
37	2279	René	Lyreskovskolen	0:54:34,2	<b>0:53:59,8</b>	04:44 min/km
38	2146	Jan-Ole	La Sportiva feat. Læge	0:54:35,6	<b>0:54:22,9</b>	04:46 min/km
39	2243	Mogens	Team Kramer 2017	0:54:36,4	<b>0:54:22,6</b>	04:46 min/km
40	2128	Carsten	JFS løb	0:54:50,4	<b>0:54:42,6</b>	04:47 min/km
41	2124	Kim Pedersen	ITD	0:54:54,4	<b>0:54:46,8</b>	04:48 min/km
42	2130	Jens Gedsø	JFS løb	0:54:57,0	<b>0:54:49,8</b>	04:48 min/km
43	2172	Torge Reusch	Spiridon Schleswig	0:55:05,5	<b>0:53:57,6</b>	04:44 min/km
44	2230	John Wind	Augustenborg løbeklub	0:55:06,2	<b>0:54:59,8</b>	04:49 min/km
45	2271	Timo Jordan	DGF	0:55:08,2	<b>0:54:47,2</b>	04:48 min/km
46	2082	Aksel Skibsted	BOV IF Løb & Motion	0:55:08,6	<b>0:55:03,5</b>	04:49 min/km
47	2250	Kenneth	(Brabrand)	0:55:10,8	<b>0:54:49,3</b>	04:48 min/km
48	2189	Dennis	Vidar Motion	0:55:12,7	<b>0:55:05,9</b>	04:49 min/km
49	2163	Henrik Olling	Lysabild Løbeklub	0:55:12,8	<b>0:54:47,2</b>	04:48 min/km
50	2282	Steen	Rødding Løbeklub	0:55:13,2	<b>0:55:07,1</b>	04:50 min/km
51	2132	Bjarne	Kerteminde Motions	0:55:14,3	<b>0:54:52,6</b>	04:48 min/km
52	2108	Rasmus	FLEGGGAARD	0:55:20,5	<b>0:55:02,7</b>	04:49 min/km
53	2292	Frank	LG Flensburg	0:55:26,0	<b>0:55:06,5</b>	04:50 min/km
54	2206	Torben Nissen	AAIG	0:55:34,7	<b>0:54:49,2</b>	04:48 min/km
55	2019	Jens Henrik	(Vejle)	0:56:07,5	<b>0:55:17,5</b>	04:51 min/km
56	2283	Thomas	1. Flensburger LT	0:56:23,0	<b>0:56:03,7</b>	04:55 min/km
57	2081	Bernd Rudies	Borener SV	0:56:31,0	<b>0:56:10,4</b>	04:55 min/km
58	2087	Kai Bethge	Bov if Løb & Motion	0:56:38,9	<b>0:56:17,7</b>	04:56 min/km
59	2213	Rene Klein	(Flensburg)	0:56:50,8	<b>0:56:28,9</b>	04:57 min/km
60	2027	Marc Holm	(Kollund)	0:57:08,3	<b>0:56:58,6</b>	04:59 min/km
61	2295	Bjørn Tilse	LG Uni Lübeck	0:57:13,4	<b>0:56:59,9</b>	04:59 min/km
62	2201	Thomas	(Tønder)	0:57:13,8	<b>0:56:39,5</b>	04:58 min/km
63	2175	Stefan Riedel	SV Freie	0:57:14,8	<b>0:57:10,5</b>	05:00 min/km
64	2220	Paul Alstrup	Klomk	0:57:24,3	<b>0:57:03,6</b>	05:00 min/km
65	2275	Hans Jørgen	Brørup Løbeklub	0:57:25,4	<b>0:57:18,7</b>	05:01 min/km
66	2053	Jesper	AAIG	0:57:28,1	<b>0:56:41,3</b>	04:58 min/km
67	2199	Ulrik	AAIG	0:57:49,6	<b>0:56:59,7</b>	04:59 min/km
68	2217	Claus Hissel	(Tumbøl)	0:58:04,8	<b>0:57:08,5</b>	05:00 min/km
69	2285	Nicklas Frahm	(Flensborg)	0:58:08,4	<b>0:56:59,3</b>	04:59 min/km

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70	2100	Torben Karges	Deutscher Alpenverein	0:58:09,2	<b>0:57:00,0</b>	05:00 min/km
71	2075	Michael	Augustenborg løbeklub	0:58:10,6	<b>0:58:04,1</b>	05:05 min/km
72	2133	John Hauberg	kerteminde motions	0:58:34,4	<b>0:58:25,5</b>	05:07 min/km
73	2025	Kurt Pløn	(Kruså)	0:58:35,0	<b>0:58:29,5</b>	05:07 min/km
74	2167	Per Petersen	Løgumkloster Løbe	0:58:35,8	<b>0:58:25,0</b>	05:07 min/km
75	2185	Jan Knutzen	TSV Lindewitt	0:58:40,4	<b>0:58:13,7</b>	05:06 min/km
76	2168	Brian	Søgård Friskole	0:58:43,2	<b>0:58:31,0</b>	05:07 min/km
77	2079	John Hansen	Bolderslev Løb &	0:58:47,5	<b>0:58:20,4</b>	05:07 min/km
78	2246	Holger Hansen	AAIG	0:58:47,7	<b>0:57:57,8</b>	05:05 min/km
79	2278	Brian	(Vejle)	0:58:55,4	<b>0:58:45,2</b>	05:09 min/km
80	2205	Ralf Nielsen	STV Sørup	0:59:01,2	<b>0:58:37,6</b>	05:08 min/km
81	2117	Mogens	HLLH	0:59:10,8	<b>0:58:41,8</b>	05:08 min/km
82	2270	Samuel Fataki	Kildevæld	0:59:35,3	<b>0:59:16,1</b>	05:11 min/km
83	2171	Nico Reusch	Spiridon Schleswig	0:59:50,4	<b>0:58:42,3</b>	05:08 min/km
84	2094	Heinrich	Bui Motion	0:59:52,1	<b>0:59:05,0</b>	05:10 min/km
85	2112	Klaus Kyhn	GIG	0:59:56,8	<b>0:59:36,6</b>	05:13 min/km
86	2280	Sven Ritter	BOV IF Løb & Motion	1:00:00,7	<b>0:59:39,4</b>	05:13 min/km
87	2176	Lars Voltelen	Team "let på tå"	1:00:20,0	<b>0:59:56,3</b>	05:15 min/km
88	2258	Carsten Voigt	Vidar Motion	1:00:22,0	<b>1:00:14,8</b>	05:17 min/km
89	2064	Tommy	AAIG	1:00:25,7	<b>1:00:18,0</b>	05:17 min/km
90	2078	Finn Jacobsen	Bolderslev Løb &	1:00:25,7	<b>1:00:22,4</b>	05:17 min/km
91	2127	Alex Kragh	JfS Løb	1:00:35,8	<b>1:00:28,3</b>	05:18 min/km
92	2144	David	La Sportiva feat. Læge	1:00:38,6	<b>1:00:25,0</b>	05:17 min/km
93	2202	Lars Brauer	(Flensburg)	1:00:46,0	<b>0:59:59,3</b>	05:15 min/km
94	2111	Rasmus	Forsvaret	1:00:48,9	<b>1:00:32,5</b>	05:18 min/km
95	2193	John Skjøth	Vidar Motion	1:00:52,7	<b>1:00:22,9</b>	05:17 min/km
96	2247	Brian Jensen	Schmitz Cargobull	1:00:56,6	<b>0:59:58,7</b>	05:15 min/km
97	2013	Flemming	(Hamburg)	1:00:57,1	<b>1:00:47,9</b>	05:19 min/km
98	2229	Michael	die Neimöckels	1:00:57,4	<b>1:00:43,6</b>	05:19 min/km
99	2102	Palle Hansen	E3 Spedition-Transport	1:00:59,1	<b>1:00:47,2</b>	05:19 min/km
100	2154	Matze Zedler	LG Kfz-Service Dau	1:00:59,6	<b>1:00:54,0</b>	05:20 min/km
101	2263	Steen Vagner	(Sønderborg)	1:01:01,0	<b>1:00:26,5</b>	05:18 min/km
102	2073	Bjarne	Augustenborg	1:01:04,6	<b>1:00:17,9</b>	05:17 min/km
103	2077	Andreas	Bolderslev Løb &	1:01:32,1	<b>1:01:28,0</b>	05:23 min/km
104	2138	Lars Galthen	Kerteminde	1:01:36,4	<b>1:01:27,3</b>	05:23 min/km
105	2177	Svend	Team "let på tå"	1:01:38,3	<b>1:01:14,1</b>	05:22 min/km
106	2131	Keld	Keld	1:01:43,8	<b>1:01:17,9</b>	05:22 min/km
107	2265	Mikael Lassen	AAIG	1:01:49,5	<b>1:01:00,8</b>	05:21 min/km
108	2062	Thor Nissen	AAIG	1:02:04,3	<b>1:01:15,9</b>	05:22 min/km
109	2212	Martin Bred	Bred vvs	1:02:07,6	<b>1:01:57,1</b>	05:26 min/km
110	2182	Mario Klein	TriVelos Flensburg	1:02:19,0	<b>1:01:57,3</b>	05:26 min/km
111	2155	Thorkild Dau	LG Kfz-Service Dau	1:02:29,9	<b>1:02:24,7</b>	05:28 min/km
112	2057	Ole Hohlmann	Aaig	1:02:32,6	<b>1:02:24,7</b>	05:28 min/km

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## Resultatliste MK 11,4 KM

Placering M/K	Startnr	Navn	Klub	Brutto	Netto	MIN/KM
113	2110	Peer	Flying Kiwis Hürup	1:02:49,3	<b>1:02:38,3</b>	05:29 min/km
114	2215	Per Bomberg	(Haderslev)	1:02:56,6	<b>1:02:45,7</b>	05:30 min/km
115	2210	Dan Andresen	(Kruså)	1:02:57,1	<b>1:02:25,2</b>	05:28 min/km
116	2224	Steen Lykke	Augustenborg	1:03:00,1	<b>1:02:21,1</b>	05:28 min/km
117	2104	Thilo	E3 Spedition-Transport	1:03:07,1	<b>1:02:37,7</b>	05:29 min/km
118	2001	Andreas Pahle	(Flensburg)	1:03:20,4	<b>1:02:56,3</b>	05:31 min/km
119	2000	Åge Hansen	(Vojens)	1:03:21,1	<b>1:02:41,8</b>	05:29 min/km
120	2017	Jan-Ole Timm	(Fahrdorf)	1:03:24,0	<b>1:02:16,4</b>	05:27 min/km
121	2241	Ulrik Jepsen	BOV IF Løb & Motion	1:03:27,3	<b>1:02:47,1</b>	05:30 min/km
122	2098	Kai Vermehren	Deutscher Alpenverein	1:03:27,4	<b>1:03:22,4</b>	05:33 min/km
123	2076	Gerhard Gehrt	bog	1:03:38,0	<b>1:03:29,5</b>	05:34 min/km
124	2233	Allan Bojsen	AAIG	1:03:42,3	<b>1:02:58,2</b>	05:31 min/km
125	2014	Harald	(Bredstedt)	1:03:50,0	<b>1:03:43,8</b>	05:35 min/km
126	2095	Per Gjerløv	Bui Motion	1:04:15,3	<b>1:03:17,3</b>	05:33 min/km
127	2200	Jannick Borum	(Tønder)	1:04:30,5	<b>1:03:55,4</b>	05:36 min/km
128	2262	Søren Vagner	(Sønderborg)	1:04:40,5	<b>1:04:05,4</b>	05:37 min/km
129	2096	Evald Møller	danbolig - Aabenraa	1:04:58,6	<b>1:03:56,5</b>	05:36 min/km
130	2107	Michael Börm	FLEGGGAARD	1:04:58,7	<b>1:04:39,3</b>	05:40 min/km
131	2190	Erik	Vidar Motion	1:05:07,4	<b>1:04:40,8</b>	05:40 min/km
132	2273	David Carter	(Nordborg)	1:05:17,1	<b>1:04:00,1</b>	05:36 min/km
133	2159	Carsten Max	Lyreskovskolen	1:05:19,2	<b>1:04:28,6</b>	05:39 min/km
<b>134</b>	<b>2293</b>	<b>Mikkel Gaarde</b>	<b>Grænseegnens</b>	<b>1:05:21,7</b>	<b>1:05:18,9</b>	<b>05:43 min/km</b>
135	2033	Vitus Silberg	(Tinglev)	1:05:35,8	<b>1:05:31,2</b>	05:44 min/km
136	2186	Thomas	TSV Lindewitt	1:05:50,7	<b>1:05:22,0</b>	05:44 min/km
137	2020	Jesper Munk	(Kolding)	1:05:56,5	<b>1:05:40,6</b>	05:45 min/km
138	2036	Allan Vallentin	AAIG	1:06:35,8	<b>1:05:44,4</b>	05:46 min/km
139	2216	Rene	(Haderslev)	1:06:43,1	<b>1:06:31,3</b>	05:50 min/km
140	2088	Laurids	BOV IF Løb & Motion	1:06:45,2	<b>1:05:51,6</b>	05:46 min/km
141	2006	Bjarne	(Bolderslev)	1:06:50,9	<b>1:06:06,0</b>	05:47 min/km
142	2066	Werner	AAIG	1:07:32,5	<b>1:07:32,5</b>	05:55 min/km
143	2119	Robert Gnap	Holøgskå	1:08:12,1	<b>1:07:18,4</b>	05:54 min/km
144	2059	Poul Erik	AAIG	1:08:20,0	<b>1:07:29,7</b>	05:55 min/km
145	2068	Ove Schneider	AAIG	1:08:20,1	<b>1:07:29,9</b>	05:55 min/km
146	2228	Henrik	(Tønder)	1:08:22,5	<b>1:07:30,4</b>	05:55 min/km
147	2227	Hans Ole Kaas	(Sønderborg)	1:08:25,4	<b>1:07:32,6</b>	05:55 min/km
148	2291	Stig Andersen	(Rødekrø)	1:08:46,0	<b>1:07:41,1</b>	05:56 min/km
149	2180	Lars Brandi	team Kæstrup	1:09:04,4	<b>1:08:12,5</b>	05:58 min/km
150	2276	Peter Ketelsen	SC Weiche Flensburg	1:09:08,8	<b>1:09:07,0</b>	06:03 min/km
151	2226	Egon Nissen	Dansk Halvmarathon	1:09:10,8	<b>1:08:48,5</b>	06:02 min/km
152	2085	Flemming	BOV IF Løb & Motion	1:09:25,7	<b>1:08:14,9</b>	05:59 min/km
153	2209	Asbjørn	Bov If Løb & motion	1:09:27,1	<b>1:08:58,7</b>	06:03 min/km
154	2026	Mads Møller	(Kollund)	1:09:39,9	<b>1:08:23,5</b>	05:59 min/km
155	2012	Finn	(6092 Sdr. Stenderup)	1:09:43,8	<b>1:09:05,5</b>	06:03 min/km

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## Resultatliste MK 11,4 KM

Placering M/K	Startnr	Navn	Klub	Brutto	Netto	MIN/KM
156	2126	Carsten	ITD/FDE Løb&Motion	1:10:16,2	<b>1:09:20,2</b>	06:04 min/km
157	2121	Hemming Van	HPT	1:10:20,4	<b>1:10:11,0</b>	06:09 min/km
158	2253	Morten Falk	Bov if	1:10:29,4	<b>1:09:55,0</b>	06:07 min/km
159	2089	René Gosch	BOV IF Løb & Motion	1:10:29,8	<b>1:09:57,3</b>	06:08 min/km
160	2191	Hans	Vidar Motion	1:11:52,3	<b>1:10:58,8</b>	06:13 min/km
161	2011	Ernst Albert	(Christiansfeld)	1:12:21,4	<b>1:11:05,0</b>	06:14 min/km
162	2181	Kim Møller	Team Møller	1:12:34,6	<b>1:11:36,1</b>	06:16 min/km
163	2009	Dan Møller	(Aabenraa)	1:12:47,6	<b>1:11:35,9</b>	06:16 min/km
164	2149	Frank Balzer	Laufen gegen Leiden	1:12:57,5	<b>1:12:08,1</b>	06:19 min/km
165	2050	Holger	AAIG	1:13:02,0	<b>1:11:54,4</b>	06:18 min/km
166	2030	Ralf Deerberg	(Minden)	1:13:21,9	<b>1:13:03,5</b>	06:24 min/km
167	2105	David	FLEGGGAARD	1:13:45,5	<b>1:13:34,2</b>	06:27 min/km
168	2052	Jens	AAIG	1:13:48,0	<b>1:12:38,7</b>	06:22 min/km
169	2142	Martin Anker	Klomk	1:13:59,4	<b>1:13:16,9</b>	06:25 min/km
170	2067	Werner Juhl	AAIG	1:14:17,4	<b>1:13:18,2</b>	06:25 min/km
171	2261	Jesper	(Nordborg)	1:15:07,0	<b>1:14:55,2</b>	06:34 min/km
172	2248	Leif Chr.	Vidar Motion	1:16:08,5	<b>1:14:57,7</b>	06:34 min/km
173	2101	Morten Rude	DSIO	1:16:13,4	<b>1:14:58,1</b>	06:34 min/km
174	2296	Ole Kramer	(København)	1:16:26,0	<b>1:15:42,3</b>	06:38 min/km
175	2024	Kenneth Albert	(Haderslev)	1:16:38,9	<b>1:15:22,5</b>	06:36 min/km
176	2007	Børge	(Bjerringbro)	1:17:48,2	<b>1:17:12,8</b>	06:46 min/km
177	2123	Christoffer	ITD	1:17:52,7	<b>1:16:53,1</b>	06:44 min/km
178	2143	Ole Filskov	Klomk	1:18:07,5	<b>1:16:48,2</b>	06:44 min/km
179	2174	Dirk Dibbern	SV Enge Sande	1:18:09,5	<b>1:17:50,1</b>	06:49 min/km
180	2118	Christen	Holøgskå	1:18:49,6	<b>1:17:57,1</b>	06:50 min/km
181	2164	Harry Nicolai	Nicolai Biler	1:19:35,2	<b>1:19:12,2</b>	06:56 min/km
182	2103	Sönke Ross	E3 Spedition-Transport	1:24:14,0	<b>1:23:49,9</b>	07:21 min/km
183	2106	Jeffrey	FLEGGGAARD	1:24:59,3	<b>1:24:42,9</b>	07:25 min/km
184	2004	Bent Kiesbye	(Rødekro)	1:26:36,2	<b>1:25:22,1</b>	07:29 min/km
185	2158	Manfred Uhl	Lufthansa SV	1:29:26,4	<b>1:28:42,7</b>	07:46 min/km
186	2268	Joshua Misch	Kildevæld	1:30:27,4	<b>1:30:07,2</b>	07:54 min/km
187	2269	Samuel	Kildevæld	1:30:58,5	<b>1:30:39,2</b>	07:57 min/km

Antal deltagere: 286